

AMC

Rhythm Grids

12 beat pattern

1	2	3	4	5	6	7	8	9	10	11	12

Polyrhythmic Grid

2 beats	1	2	1	2	1	2	1	2	1	2	1	2
3 beats	1	2	3	1	2	3	1	2	3	1	2	3
4 beats	1	2	3	4	1	2	3	4	1	2	3	4
6 beats	1	2	3	4	5	6	1	2	3	4	5	6

Beats/Bars

4	_____		_____		_____		_____		_____		_____	
4	1 2 3 4		1 2 3 4		1 2 3 4		1 2 3 4		1 2 3 4		1 2 3 4	

Place Your Text

Text												
Beats	1	2	3	4	1	2	3	4	1	2	3	4

Text												
Beats	1	2	3	4	1	2	3	4	1	2	3	4

Text												
Beats												

Text												
Beats												